

MONDAY

November 7th, 2022

Grab & Go Breakfast available

LUNCH

Chef Nelson German - Omnivore

Dominican Pollo Guisado

Marinated & braised chicken with black beans, rice & fried plantains
Contains Soybean

Beyond Meat Enchiladas- Vegetarian

Beyond Meat with guajillo chiles, layered with tortillas & vegan cheese; with ancho black beans & brown sugar roasted squash
Contains Coconut, Alcohol or Vinegar

Lulu - Fast Fare

Crispy Pita Salad

Romaine, frisée & arugula, pickled red onion, seasonal fruits and veggies, pomegranate molasses vin, crispy pita, feta & mint
Contains Dairy, Wheat, Alcohol or Vinegar,

TUESDAY

November 8th, 2022

BREAKFAST

Grab & Go Breakfast available

LUNCH

Favetta - Omnivore

Lasagna bolognese

with roasted broccoli with chili & garlic
Contains Beef, Pork, Dairy, Eggs, Wheat, Alcohol or Vinegar

Chef Brandon Rosen - Vegetarian

English Pea Falafel

with Quinoa Salad
with pickled red cabbage, garlic hummus, tomato, & lemon coconut yogurt
Contains Coconut, Sesame, Seeds, Alcohol or Vinegar

Engrained-Fast Fare

Thai Chicken Brown Rice Bowl,

with brown rice, kale, purple cabbage, cucumber, pickled carrots, bean sprouts, cilantro & a creamy peanut sauce
Contains Fish, Peanuts, Soybean, Alcohol or Vinegar

WEDNESDAY

November 9th, 2022

BREAKFAST

Grab & Go Breakfast available

LUNCH

Chef Kyle Connaughton- Omnivore

Chilled Harusame Noodles

With smoked chicken, mushrooms, broccolini, root vegetable kinpira, fermented chile
Contains soybean, seeds, alcohol or vinegar

Butterbean - Vegetarian

Zucchini Noodles

with Impossible Italian Meatballs
with arrabbiata sauce
Contains Soybean, Seeds

Chef Maria Mazon - Fast Fare

Pescado a la Veracruzana

Local Rockfish braised with tomatoes, olives & capers, served with white rice
Contains Fish, Alcohol or Vinegar

THURSDAY

November 10th, 2022

BREAKFAST

Grab & Go Breakfast available

LUNCH

Isla Vida - Omnivore

Guava BBQ Spare Ribs

with black bean & rice "congrí" & a salad with mango, little gems, cherry tomatoes, and red onions
Contains Pork, Spicy, Soybean, Seeds, Mustard, Alcohol or Vinegar

Favetta- Vegetarian

Tuscan Vegetable Picnic

Roasted cauliflower with cavolo nero; grilled squash with caponata; marinated gigante beans with confit shallots, fennel, radicchio & tarragon
Contains-Alcohol or Vinegar

Kayma- Fast Fare

Le Kus Kus Chicken Bowl

Spiced couscous with yogurt-marinated chicken, served with harissa yogurt and green salad with cilantro vinaigrette
Contains Dairy, Wheat, Alcohol or Vinegar

FRIDAY

November 11th, 2022

Veterans day